



Caledon Centennial Skating Club (CCSC) COVID-19 Return to Play Protocols and Response Plan

Last Updated: Oct 3rd, 2020



This document is meant to serve as a reference as to how we will proceed with our return to skating, while maintaining a safe, healthy environment for all. It has been developed in accordance with Return to Play protocols established by our governing body, Skate Ontario (a division of Skate Canada), which we will be following, as well as policies established by the Government of Ontario and the local municipal government in Caledon. The safety of our skaters, parents, coaches, and volunteers is our highest priority.

Our Return to Play Protocols will detail:

- The CCSC COVID-19 Oversight Group (COG)
- The Communication Plan
- The Acknowledgement, Release, Indemnity, and Assumption of Risk Form.
- COVID-19-related links that will be provided to all individuals associated with CCSC
- CCSC's COVID-19 Response Plan
- Additional Safety Measures and Town of Caledon Protocols

PLEASE NOTE: Throughout this document, "Participant" refers to skaters, parents/guardians, coaches, and volunteers present during a club activity.

CCSC COVID-19 Oversight Group (COG)

The individuals in the table below will be acting as the COVID-19 Oversight Group (COG) as we transition back into skating. This group will be responsible for implementing required health and safety guidelines.

Should you have any questions about any aspects of our Return to Play protocols or other policies/procedures related to COVID-19, please contact one of the individuals below.

A minimum of 1 individual from this group will be present during all session times, on or off the ice.

This contact information will be provided to The Town of Caledon and will be used by staff, as necessary, for communication purposes.

Name	Position	Email	Phone
Sue Buckley	President, CCSC	Sue_buckley@rogers.com	647-921-7410
Katrina Litwin	Coach, Board of Directors Coach Representative	onewhappylife@yahoo.ca	519-278-8336
Carol Chaput	Past President, CCSC	rockysmom@rogers.com	905-996-0901
Kelly Robertson	Secretary, CCSC	davkel@zing-net.ca	905-872-7307

CCSC COVID-19 Communication Plan

1. Current club members will need to ensure their contact information is up to date on our website (Uplifter) account.
2. An email will be sent to current members, as well as coaches and volunteers with the names and contact information of the people in COG. Attached to the email will be this document.
3. A COVID-19 tab will be added to the CCSC website where visitors can find this document and any other relevant information and updates.

4. Skaters, coaches, and volunteers will be advised that if they feel sick, need to report a COVID test result, or any other information, that they should contact one of the COG members or email info@caledonskatingclub.com.
5. A COG member will be responsible for distribution of information to individuals and external stakeholders. This group includes but is not limited to:
 - Coaches
 - Skaters and their parents
 - Volunteers
 - Town of Caledon Parks and Recreation primary contact
 - (If necessary) Skate Ontario
6. Information will be distributed via the email address on file with their Uplifter account. For individuals without an Uplifter account, there will be a separate email list containing their contact information.
7. A COG member will be responsible for providing updates during the Return to Play process as they become available by email, and will post on our website on our COVID-19 page.
8. If necessary, the club will hold a virtual webinar/info session to deliver information on Return to Play protocols and answer questions/concerns.
9. All communication/documents (including waivers, Health Screening Questionnaires, Session Attendance Tracking Sheets, etc.) will be printed and kept in a COVID-19 folder for future reference.
10. In the event that an individual becomes unwell or shows symptoms of COVID-19, the COG member present during that activity will own and be responsible for all follow up with that individual and will document all communication with that individual or their parents, including date and details of information exchanged. Any documentation from these exchanges will be filed in the COVID-19 folder.
11. If it is determined that a participant has tested positive for COVID-19, a COG member will work with Public Health to inform all club/skating school members that may have been in close contact with that individual. This will involve using the Session Attendance Tracking Sheets.
12. It is the responsibility of the member of COG to ensure the Town of Caledon Primary Contact and Skate Ontario are informed if a skating school member, coach, or volunteer is diagnosed with COVID-19.

The Acknowledgement, Release, Indemnity, and Assumption of Risk Form

The Acknowledgement, Release, Indemnity, and Assumption of Risk regarding COVID-19 Form provided as part of these Protocols must be completed by each participant in club activities. (Please refer to Appendix A for a copy of the waiver.)

This form must be completed prior to the start of participation in club activities. The waiver is only required to be completed one time by each participant in the activity. The form will be kept on file for each participant. For those that register online, the waiver will be completed as part of the registration process on our website. For those individuals not registered for a program but participating in activities (such as a coach or volunteer), a paper copy of the waiver will need to be submitted.

A member of the COG will ensure that all waivers are completed prior to participation in a club activity. **If an individual fails to complete the waiver, then they will be denied permission to participate in the activity.**

COVID-19 Information

Please see Appendix B or refer to the COVID-19 page on our website for links to Government approved information on COVID-19 and ways to limit its spread, including:

- Respiratory etiquette
- Hand hygiene
- Physical distancing
- Use of Personal Protective Equipment (e.g. face masks)

CCSC COVID-19 Response Plan

All coaches, volunteers, and members of CCSC will adhere to all Town of Caledon Arena Protocols, as outlined in Appendix F.

In addition to the creation of the COG and a Communication Plan, the Response Plan below will detail protocols for the following situations:

As a reminder, "participant" refers to a skater, parent/guardian, coach or volunteer who was in attendance at an activity.

1. A participant becomes unwell or shows signs of COVID-19 symptoms during club activities.

- If a participant becomes unwell with symptoms of COVID-19, or if someone is aware of a participant that becomes unwell with symptoms of COVID-19, that participant must immediately stop participation in club activities.
- The member of the COG present during the activity should be informed of the situation and take control of subsequent steps.
- The COG member in charge will contact the participant's parents to come pick up the skater.
- While awaiting pickup, the participant will be isolated from all others in a well-ventilated area that was agreed upon with Town of Caledon staff prior to the start of the season.
- The participant shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The Town of Caledon facility staff will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- If necessary, the remainder of the session may be cancelled and everybody sent home for the night.
- The COG member should contact the participant or their parent/guardian to determine if next steps are being taken regarding testing.
- If no test is performed, or the COVID-19 test is negative, the participant may only return to club activities once they no longer have any symptoms of COVID-19 for at least 24 hours.
- All communication will be printed and filed in the COVID-19 folder.

2. A participant reports to the Club or The Town of Caledon that they have developed, or been exposed to someone with COVID-19 symptoms outside of club activities.

- If a participant reports to the Club that they have developed symptoms or have been exposed to someone with COVID-19 symptoms, this information shall be passed along to a member of COG. Similarly, if the individual informs The Town of Caledon, then The Town shall contact a member of COG and relay the information.
- Any participant who has been exposed to someone with a confirmed case of COVID-19 should self-isolate must not be permitted to participate in club activities for 14 days, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers). A COG member will advise the participant to seek the advice of the Public Health department regarding self-isolation and testing.
- The COG member will follow-up with the participant or their parents and stay abreast of when they will be returning to skating.
- After 14 days, if the participant has not developed symptoms of COVID-19 and has followed the advice of Public Health department regarding self isolation and testing, then they will be permitted to return to club activities. There will be ongoing communication between the participant and the COG Member.
- If symptoms are developed and the participant tests positive for COVID-19, then please see #5 below.
- Any communication with these individuals will be documented and filed in the COVID-19 Folder.

3. The Club is informed (for example, by The Town of Caledon) that participants were exposed to someone with COVID-19 who is external to the club and its activities. (For example, a rink staff member tests positive.)

- The Town of Caledon shall inform one of the members of COG of the exposure, including the date of the exposure.
- The COG member will work with Public Health to consult the Session Participation Tracking Sheets to inform participants who might have been in close contact with the individual. Close contact is defined as being within 2m for a period of more than 15 minutes, without appropriate or consistent use of PPE.
- Any participants who are found to have been in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing. It may be necessary to cancel that club activity for several weeks.
- Although a COG member will directly contact those who might have been in close contact with the individual, a mass email will be sent to all current CCSC members informing them of the exposure, including the date and location information.

4. A participant is tested for COVID-19

- Any participant that has been tested for COVID-19 must not participate in club activities while waiting for the results of that test.

5. A participant reports to the club or facility management that they or a member of their family has tested positive for COVID-19.

- If it is reported that a participant or a member of their family has tested positive for COVID-19, a member of COG will be informed and will take over and manage the case.
- The participant will be informed that they are suspended from club activities.
- As soon as possible, the COG member will work with Public Health to consult the Session Participation Tracking Sheets to inform other participants who might have been in close contact with the individual. Close contact is defined as being within 2m for a period of more than 15 minutes, without appropriate or consistent use of PPE.
- Any participants who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing. It may be necessary to cancel that club activity for several weeks.
- As soon as possible, The Town of Caledon will be informed in the case of a positive COVID-19 result. The COG member will also provide any additional support and information to The Town, as needed.
- The COG member will inform Skate Ontario of a positive COVID-19 diagnosis by emailing clubsupportservices@skateontario.org.
- An email will be sent to **ALL** current CCSC members informing them of the exposure, including the date and location information.
- Following a positive COVID-19 test, a participant must follow all public health guidelines regarding return to activities.

6. A participant wishes to return to club activities following illness or exposure to COVID-19

- Participants must follow all public health and facility guidelines with respect to returning to skating following an illness or exposure to COVID-19.
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the participant may return to club activities once they no longer have any symptoms of COVID-19 for at least 24 hours.
- If a COVID-19 test was negative and there was a known exposure to COVID-19, the participant may only return to club activities fourteen days after any symptoms started and once they no longer have any symptoms of COVID-19.

7. The club needs to modify, restrict, postpone or cancel training sessions or other activities based on the evolving COVID-19 pandemic.

- Based on the evolving COVID-19 pandemic, CCSC is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities.
- CCSC will inform affected members of any modifications/restrictions or cancelations as soon as possible.
- CCSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials.

Public Health Guidelines

Participants should follow all public health guidelines regarding COVID-19. These may include:

- Any participants who themselves have travelled outside of Canada must self-isolate and not participate in club activities for 14 days.
- Any participant who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers).
- Any participant with symptoms of COVID-19 is not permitted to take part in club activities.

CCSC Safety Measures and Town of Caledon Facility Protocols

- All participants and parents/guardians are required to wear face masks/covering that securely covers the nose, mouth and chin prior to entering the facility and continue to wearing it at all times while in the building unless participating on the ice.
- Coaches and on-ice volunteers will be required to wear face masks during on-ice sessions.
- Prior to each and every on-ice and off-ice activity, all participants will be required to complete a Health Screening Questionnaire (see Appendix C). The questionnaire must be submitted to a designated CCSC volunteer upon entry into the facility. All Questionnaires will be filed by date of activity in the COVID-19 Folder.
- Participant attendance at each and every on-ice and off-ice activity will be tracked on Session Attendance Tracking Sheets and filed by date of activity in the COVID-19 Folder. (Please refer to Appendix D for an example of the Session Attendance Tracking Sheets.)
- Physical distancing of 2 meters (6 feet) is required at all times during all club activities.
- Current Skate Ontario guidelines stipulate no pairs skating is permitted during figure skating rentals.
- Maximum participant numbers on the ice during a session is 30 including coaches and instructors (effective Sept. 28).
- The maximum arena capacity for Caledon East is 50 people. The maximum capacity for Lloyd Wilson Arena is 40 people.

Protocols For On-Ice Sessions at Town of Caledon Arenas

- Admission to the facility will commence twenty (20) minutes prior to the start of the rental time. This is to avoid overlap of participants entering and exiting the arena area at the same time. Participants arriving earlier than twenty (20) minutes prior to the start of their rental time will be asked to wait outside of the building.
- To gain access to Pad 1 of Caledon East Arena, enter through the main lobby door and proceed to pad 1.
- To gain access to Pad 2 of Caledon East Arena, enter through the east arena vestibule entrance located between Pad 1 & 2 and proceed to pad 2.
- The entrance to Lloyd Wilson Arena is through the main facility doors.

- **Only 1 parent/guardian per family may enter the facility and remain as a spectator.**
- **Everyone must wear a mask.** (Skaters may take their masks off for their on-ice sessions. But then must put them back on when exiting the ice surface.)
- **Everyone must use physical distancing of 2 meters (6 ft) at all times inside the facility.**
- **Everyone must sanitize their hands using hand sanitizer provided.**
- Parents/guardians of participants in attendance must self-screen upon entering the arena.
- Once inside, CCSC participants (skaters, parents/guardians, volunteers, and coaches) must submit their completed Health Screening Questionnaire to a waiting CCSC volunteer and check in for Session Attendance Tracking.
- Once checked in, participants and parents/guardians will proceed to designated change rooms. Skaters must arrive at the arena in their skating clothes. They are not permitted to undress or change clothes in the change room. **ONLY** Skates and helmets may be put on in the change room. Note: In the change room, each participant's seat is marked with an X.
- Once skates and helmets are put on, parents/guardians will then wait in the change room with their skater(s) for the start of their session.
- At the start of the on-ice session, volunteers will lead skaters from the change rooms to the ice surface. Parents/guardians are asked to proceed to the spectator area and remain there until the next rental group enters their change rooms and the rink staff begin flooding the ice surface.
- Spectators are permitted in the bleacher section of Caledon East Arena and the seating area inside the main door at Lloyd Wilson Arena. Only one spectator per family will be permitted.
- Spectators are required to maintain social distancing using the provided markings in the stands.
- It is strongly encouraged that parents/guardians with participants 13 and older do not enter the facility as a spectator unless necessary. They should only pick-up and drop-off their participant.
- Once the on-ice session is over and the flood has begun, spectators will be permitted down to the change room area. Volunteers will deliver skaters from the ice to waiting parents/guardians. Skates and helmets will be taken off in the change rooms.
- To comply with facility capacity regulations, male and female washrooms have been designated at each rink. All users including parents/guardians must use the washrooms in their assigned rinks. Arena users are not permitted to use the washrooms in the lobby.
- Participants and parents/guardians will exit the facilities in the same way they entered.

Additional Things to Note:

- Skaters and coaches may carry their own water bottle, tissue box etc. into the arena. No sharing of these items is permitted. Skaters must have their own closed containers (i.e. Ziploc bag) for disposing of used personal items such as tissues. These must be disposed of at home or in a lidded garbage container in the facility.
- CCSC will coordinate with Town of Caledon facility staff to wipe down / sanitize high touch areas such as entry / exit doors to the ice, etc.
- CCSC will provide hand sanitizer and wipes for participants to use when necessary.

- For Test Days, CCSC will:
 - Screen Evaluators prior to their participation in a Test Day
 - Conduct daily health screening when the Evaluator arrives on-site at the arena
 - Ensure physical distancing measures between the Evaluator and participants is maintained at all times
 - Follow all guidelines with respect to group sizes during a Test Day
 - Ensure that the area where the Evaluator will be located has been sanitized prior to their arrival
- All CanSkate programming will follow the program guidelines as set out in the following resource: [Program Requirements and Delivery Standards – CanSkate - with COVID-19 Considerations.](#)
- All StarSkate programming must follow the program guidelines as set out in the following resource: [Program Requirements and Delivery Standards – StarSkate - with COVID-19 Considerations.](#)
- CCSC coaches will be responsible for bringing their own bingo daubers and pylons and then will clean them after each session.
- Hand sanitizer will be provided and must be used prior to touching the music device to change to a different song.
- The jumping harness will not be used this season for StarSkate.
- Please refer to Appendix E for a Skater Checklist which will act as a guide to prepare for a night of skating.

APPENDIX A - ACKNOWLEDGEMENT, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK FORM

Version 2 – July 17, 2020



ACKNOWLEDGEMENT, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK REGARDING COVID-19

A. I, _____; or
(use A if 18 years or older)

B. I/We, _____ being the parent(s)/legal guardian(s) of
_____ (herein "my/our child"),
(complete B if participant is under 18 years)

hereby acknowledge and agree that, in consideration of:

A. my participation; or

B. the participation of _____
(complete B if participant is under 18 years)

in skating activities ("**Activities**") organized, operated or sanctioned by Skate Ontario or by a club or skating school which is a member of Skate Ontario (each an "**Organizer**):

1. I/We acknowledge that the World Health Organization has classified the Coronavirus Disease ("**COVID-19**") outbreak as a global pandemic and am/are aware of the risks of COVID-19. I/We specifically acknowledge and agree that I am/we are aware of the risks to personal health, including by the failure to follow physical distancing protocols, flowing from COVID-19, and that I am/we are assuming, on my own behalf and, if signing on behalf of a participant under 18 years, on their behalf, all health risks and adverse health related consequences caused by or arising from engaging in any Activities (the "**Assumed Risks**").
2. I/We acknowledge that the Organizers are implementing the **Skate Ontario Return to Play Protocols** ("**Protocols**") the most recent version of which will be posted from time to time on Skate Ontario's website. I/We specifically acknowledge and agree that I am/we are aware of Protocols, that I/we will abide by the Protocols, and that the Protocols are subject to all federal, provincial and municipal laws, regulations, by-laws and orders as they may exist from time to time.
3. I/we hereby release the Organizers, their members, officers, directors, employees, independent contractors, agents, and volunteers ("**Releasees**") from all liability, recourse, proceedings, claims, and causes of action of any kind whatsoever, in respect of all damages, personal injuries, death, or property losses which I/we may suffer arising out of or connected with the Assumed Risks, the content or implementation of the Protocols (including without limitation the conduct of any screening of any individual), and the preparation for, or participation in, the Activities, notwithstanding that any such losses were caused solely or partly by the negligence of any of the Releasees.
4. I/we do hereby agree to indemnify and hold harmless the Releasees from any and all damages or losses of any kind as a result of any and all claims, demands, causes of action of any kind whatsoever including those involving negligence on the part of any of the Releasees that may be made or initiated by, or on behalf of my/our child, arising out of or connected with the Assumed Risks as they relate to me/us and/or my/our child, the content or implementation of the Protocols as they relate to me/us and/or my/our child, and my/our child's preparation for and/or participation in any of the Activities.





Version 2 – July 17, 2020

5. And, I/we hereby acknowledge and agree:
- (a) that I/we understand that none of the Releasees assumes any responsibility whatsoever for my safety or the safety of my/our child during the course of any preparation for or participation in the aforesaid Activities;
 - (b) that I/we will comply with the implementation of the Protocols and that any failure on my/our part (or on the part of my/our child) to comply with the Protocols and their implementation may have consequences (including without limitation a withdrawal of permission for me or my/our child to participate in an Activity or Activities) and could jeopardize relevant insurance coverage;
 - (c) that I/we understand that the implementation of the Protocols may involve the collection, use and disclosure of personal information about me or my/our child and I consent to same;
 - (d) that I/we have carefully read this ACKNOWLEDGEMENT, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK that I/we fully understand same, and that I am/we are freely and voluntarily executing same;
 - (e) that I have been given the opportunity and that I am encouraged to seek independent legal advice prior to signing this document;
 - (f) that I understand that the Organizers would not permit me or my/our child to participate in any Activities unless I signed this ACKNOWLEDGEMENT, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK, which applies to all Activities whether occurring in the near or distant future and that the terms of this document need not be brought to my attention each time I participate in a Program in order for it to be effective;
 - (g) that the term Activities as used herein includes, without limiting the generality of that term, training sessions, clinics, and events that are in any way authorized, sanctioned, organized or operated by any of the Organizers on its own or together with another, or to which Skate Ontario has issued a permit;
 - (h) that this ACKNOWLEDGEMENT, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK agreement is binding on myself, my heirs, my executors, administrators, personal representatives and assigns.

Date: _____ / _____ /20 ____

Applicant's Signature: By inserting my name in the space above, I am signing this document
(I am 18 years old or older: if not, Parent(s) or Legal Guardian(s) must also sign below)

Parent's(s') or Legal Guardian's(s') Signature: By inserting my (our) name in the space above, I am (we are) signing this document



APPENDIX B: COVID-19 INFORMATION

Below are some government links to information about COVID-19 and how to limit its spread.

Ontario Public Health Public Resources: <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>

The following resources are also available:

Topic	Link
Peel Regional Health Services Information on COVID-19	https://www.peelregion.ca/coronavirus/
Government of Canada COVID-19 Information, including Hand Hygiene and Respiratory Etiquette Physical Distancing Wearing Masks and Face Coverings	https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html?utm_campaign=gc-hc-sc-coronavirus2021-ao-2021-0005-9834796012&utm_medium=search&utm_source=google_grant-ads-107802327544&utm_content=text-en-434601690167&utm_term=%2Bcovid
Government of Ontario Links	
Hand Hygiene	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-hand-hygiene.pdf?la=en
Physical Distancing	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-guide-physical-distancing.pdf?la=en
How to Self-Monitor	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-self-monitor.pdf?la=en
When and How to Wear a Mask	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-how-to-wear-mask.pdf?la=en
How to Self-Isolate	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-self-isolate.pdf?la=en
You were tested for COVID-19: What you should know	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/2020/06/factsheet-covid-19-test-what-you-should-know.pdf?la=en

APPENDIX C: HEALTH SCREENING QUESTIONNAIRE



COVID-19 Health Screening Questionnaire



This questionnaire must be completed and submitted to the club by each individual prior to participation in each on-ice or off-ice club activity. This includes all skaters, attending parents/guardians, coaches, and volunteers.

Health Screening Question	Participant 1 Name:	Participant 2 Name:	Parent/Guardian Name:
	Y or N?	Y or N?	Y or N?
Do you have a fever? (Feeling hot to the touch, a temperature of 37.8C or higher)			
Do you have any of the following symptoms?			
Cough (that's new or worsening)			
Shortness of breath			
Runny, stuffy or congested nose (not related to other known causes such as seasonal allergies etc.)			
Sore throat			
Difficulty swallowing			
Lost sense of taste or smell			
Have you travelled outside of Canada in the past 14 days or had close contact with anyone that has travelled outside of Canada in the past 14 days?			
Have you had close contact in the past 14 days with anyone with a confirmed or probable case of COVID-19, without the consistent and appropriate use of personal protective equipment?			
Are you awaiting test results for COVID-19?			

IF YOU HAVE ANSWERED YES TO ANY OF THE ABOVE QUESTIONS, PLEASE DO NOT ATTEND THE SKATING CLUB ACTIVITY

APPENDIX D: ATTENDANCE TRACKING SHEETS



COVID-19 Session Attendance Tracking Sheet



THIS PAGE IS TO BE COMPLETED BY A DESIGNATED CCSC VOLUNTEER PRIOR TO EACH AND EVERY ON-ICE OR OFF-ICE ACTIVITY.

All participants (skaters, coaches, and volunteers) are expected to complete the Health Screening Questionnaire prior to each participation on-ice or off-ice activity. By indicating YES in the chart below, the CCSC volunteer confirms that this Health Screening was passed. The expectation is that a tracking sheet must exist for each on-ice session to facilitate contact tracing in the event of a COVID-19 exposure.

Location	Ice Pad	Date	Time
Name of Volunteer Who Completed This Form		Contact Phone Number	

Session Attendance			
	Full Name of each individual included in this activity <small>(Please list all coaches, volunteers, and skaters. Note: Maximum: 30 individuals allowed in the arena for on ice sessions.)</small>	Contact Phone Number	Health Screening Passed (Yes/No)
1.			
2.			
3.			
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10.			
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30.			

APPENDIX E: SKATER CHECKLIST

To be used to help skaters prepare for each night of skating.

BEFORE LEAVING HOME

- Eat before you come
- Thoroughly wash your hands with soap and warm water before you come
- Complete the Health Screening Questionnaire and bring it with you
- Use the washroom
- Bring a mask to wear when not on the ice
- (Optional) Bring Kleenex and a water bottle with your name on it
- Put your skating clothes on at home
- DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose)
- DO NOT leave home if you have answered YES to any of the questions on the Health Screening Questionnaire

ARRIVAL AT THE ARENA

- Arrive at the facility 20 minutes prior to the scheduled ice session
- 1 parent/guardian per family
- Put your mask on
- Enter through established entrances and follow signs
- Wash your hands with soap & water or sanitize using hand sanitizer
- Respect social distancing guidelines at all times
- Parents/Guardians please self-screen prior to entering Town of Caledon facilities
- Prior to first session, submit signed Skate Canada Assumption of Risk and Waiver to a volunteer
- Register with Club Representative for Contact Tracing Attendance and submit Health Screening Questionnaire (to be completed before each skating session)
- DO NOT share water bottles or personal items
- Proceed to change rooms to put skates and helmets on and wait with skaters until start of session.
- At start of session, parents/guardians proceed to spectator area in arena and remain there until the flood begins for the next session.
- Washrooms will be available in the rink area.

AFTER THE SESSION IS OVER

- Once the flood begins, parents may proceed down to the change rooms.
- A volunteer will escort skaters back to waiting parents.
- Exit through established exits, while maintaining physical distance of 2m
- When you arrive home, thoroughly wash water bottles with soap and water
- Thoroughly wash all clothes and accessories including phones, gloves, guards and rags

NOTE

If you feel sick during your session, tell a coach!

If you develop symptoms at any time, have tested positive, or have come in contact with someone who has tested positive for COVID-19, email us immediately: info@caledonskatingclub.com